

## Client Intake Form

Please complete this intake form and send to [elizabeth@clearspeech.ca](mailto:elizabeth@clearspeech.ca) 24 hours before your first session

Contact Information	Date
Name you use/prefer:	
Legal name (If this is different from above. Your current legal name is required to issue receipts):	
Pronouns you use (e.g. he/him, she/her, they/them, or other):	
Mailing address including postal code:	
Date of birth (date, month, year):	
Cell phone:	
Email:	

Personal health information is not shared with any third party without your written permission in accordance with PHIPA (Personal Health Information Act. 2004)

What are you interested in working on? You may check more than one area

- Speech** – Includes for example articulation, lisps and how well your speech is understood by others
- Accent** – Your perception that your accent reduces either your intelligibility in day to day speech or reduces your effectiveness as a communicator overall
- Voice** – Includes for example vocal fatigue or discomfort, gender affirming voice, a reduced ability to be heard or changes/deficiencies in voice quality
- Professional Communication** – Includes for example challenges in public speaking, difficulty conveying thoughts clearly in stressful situations, reduced confidence in communication
- Other** (please specify)

Tell us more....

Please complete the section (or sections) below that best applies to you. Speech, accent, voice and professional communication all overlap each other, so you may find yourself wanting to answer several areas. We can review the form together when we meet so it is not necessary to provide extensive detail.

### Speech

1. When did you become aware of a speech problem or difference?
2. How would you describe this difference?
  - I have problems with specific sounds (please provide examples)
  - I have problems with specific words (please provide examples)
  - I often mumble and I am sometimes hard to understand
  - I often speak too fastOther comments?
3. Have you sought help with this issue in the past?
  - No
  - Yes if yes, please provide details

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### Accent

1. First Language (or dialect)
2. Do you speak another language besides your first language and English?
3. When did you first learn to speak English?  
 At home as a child  
 At school  
 When you moved to an English speaking country
4. When did you move to Canada?
5. How long have you been speaking English every day (if this is different from the above)
6. What sounds do you think you say differently from a native Canadian speaker of English? Please provide examples  
  
 I'm not sure, I hope you can tell me
7. How much of a barrier do you think your accent is to successful communication?  
 **Significant:** it affects my confidence and people often ask me to repeat myself  
 **Somewhat:** I am quite aware my speech is different from others, but people rarely ask me to repeat myself  
 **Not much:** I am aware of my accent and wish to improve it, but people always understand me

### Voice

1. When did you become aware of a voice problem or difference?
2. How would you describe this difference? Select as many as apply  
 I dislike my voice  
 My voice is weak and I can't speak loudly  
 My voice does not match who I am  
 I currently experience vocal fatigue  
 I currently experience pain when speaking  
 I have recently experienced a change in voice quality  
 I have recently experienced a change in vocal range (ability to produce higher or lower pitch or volume)

Additional comments

NOTE: *Changes in vocal quality and effort may be associated with a medical issue. Please consult your MD*

### Professional Communication

1. Select as many as apply  
 I often have difficulty expressing my thoughts  
 I overuse *filler words* such as "uh" and "um"  
 I often ramble: I am uncertain about ending my thoughts with confidence  
 I am especially stressed when speaking "off the cuff"  
 I am very nervous whenever I have to speak publicly  
 I believe that my current communication in the workplace is a negative factor in my future progress  
 I believe I can be a more effective communicator

Please provide 48 hours' notice when cancelling or changing appointments. Appointment reminders are offered as a courtesy only. You may be charged for an appointment that is missed with less than 48 hours' notice and missed appointments are generally not covered by insurance. Please check the box to indicate you have read and agree with this policy.