

Elizabeth Hanna, MHS, Reg. CASLPO (3103)
Speech Language Pathologist, ACTRA, OSLA

ow (/au/) as in cow

ow (/au/) as in cow is a diphthong. Make sure your jaw is making the range of motion necessary for BOTH of the vowels: *ahh –oooo (/a/...../u/)*

Be careful: in some of the words below “ow” makes an “oh” (/o/) sound

Bow and stern	She is a very grounded soul
Crown of thorns	It’s more a town than a country
Drowning in misery	He’s flown the coop
Down the hatch	The cow pasture is wet
Frowned and glowered	The police impounded her care
A beautiful formal gown	He lay on the mound of hay
My, how you’ve grown	The lion pounced on the gazelle
Jowls are dangly cheeks	He announced the merger to the committee
The nun wore a cowl	The car bounced along the road
Nouns and pronouns	The home team trounced the visitors
He pounded the cement	He mounted the horse easily
He sounded her out	He was astounded by her attitude
The hall resounded with applause	
The drive rounded out the evening	

Deepen your learning:

- Mark the /au/ sounds above
- Mark the words where “ow” makes an /o/ sound
- In the table below create an “ow”=/o/ and an “ow”=/au/ list (I have started you off)
- Make short sentences with each of the words

“ow”=/o/	“ow”=/au/	“ow”=/o/	“ow”=/au/
flow	plow	snow	brow

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www.clearspeech.ca

416-4634440 FAX 416 463 1956
Email elizabeth@clearspeech.ca